

Yogi & Yuzu

How adorable are Yogi and Yuzu, with those sweet little heart “tattoos?” Can you tell they are brothers? Yogi’s heart is on his nose, while Yuzu wears his heart on his lip, and a tiny bat on his nose.

These sweet boys are very affectionate and love a good cuddle. They are very attached to each other—Yogi is the cliché “big brother,” while Yuzu follows Yogi’s lead and gets a little anxious when he can’t find Yogi.

Yogi and Yuzu were born on Thanksgiving Day so they are almost 16 weeks old. As with most teenage boys, they have three main activities on their daily to-do list: eat, play, sleep, and repeat, as necessary.



YOGI

They have excellent social skills and enjoy the company of people. They get along well with two senior resident cats and are learning to understand the big friendly dog who also lives with them.

Yogi and Yuzu have been neutered, are up-to-date on vaccines, and have tested negative for FeLV/FIV. The adoption fee for both kittens is \$150. To learn more about any of our cats available for adoption, please call 503-402-8692, email arcf@pdx-petadoption.org, or visit www.pdx-petadoption.org.

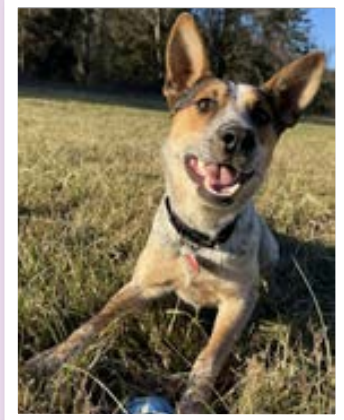


YUZU

Frankie

Extra, extra, read all about it! Frankie the Wonder Pup has arrived and she’s ready to meet the lucky family who will make her dreams come true.

This beautiful girl is the perfect combination of an adventure buddy and cuddle companion. Frankie is very people-friendly after a few minutes of polite introduction. She’s good on a leash, gets along with every dog she meets, and knows the rules for playing nicely with others. She loves her food and toys but has no problem sharing resources. In fact, Frankie is respectful of the cat sharing her foster home—she wants to play but politely backs off if Mr. Fluffers isn’t interested.

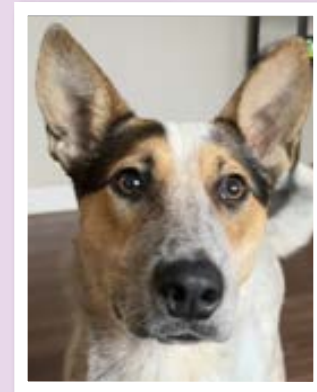


Frankie’s house manners are perfect and can be happily left alone with no problem, although she may steal a stray sock that hasn’t been properly stowed. She needs a good walk every day, will happily nap while you work, and loves a cuddle on the couch

when you’re off the clock.

Frankie is a Cattle Dog/German Shepherd mix, about one year old, and weighs 33 pounds. Her short coat makes for minimal shedding and easy grooming, and she even sits patiently for nail trims.

Frankie is spayed, vaccinated, heartworm-tested, microchipped, de-wormed, and is current on flea control. The adoption fee is \$400. If you are interested in knowing more about Frankie, please visit mywayhomedogrescue.org and complete the adoption application online.



FROM THE PRESIDENT'S DESK

Here we are in that strange time warp after we “spring forward” to Daylight Savings Time, when humans are exhausted and pets are trying to figure out the new schedule for dinner time. It’s only one missing hour, why is it so disruptive? But it does signal the unofficial kick-off of kitten season—and right on schedule, the first kittens of the year have arrived in our care.

A young woman asked us for help when she was feeling overwhelmed by financial and health challenges, including job loss and a new baby. Her cat was about to give birth and she wouldn’t be able to provide everything needed to care for them. We agreed to take the mom-to-be, but en route to picking them up, the kittens were being born.

We gave them a few days undisturbed, and when we arrived that day, found three other adult cats sharing the space, none of them altered. We agreed to take one of the “auntie” cats, **Amelia**, in addition to momma **Arielle** and the eight little “A”s—four brown tabbies and four with various patterns of black and white. We arranged to provide spay/neuter surgeries for the two remaining cats, who will stay with the family.

The math is simple: in one day, we added 10 living creatures to our care. They will all need food, litter, and vet care, including vaccines, viral testing, and of course spay/neuter surgeries, in addition to the two cats being returned. Their family is very grateful, but this will require a huge chunk of our budget in coming months. If you would like to help support this project, see page 7 for suggestions.

We welcomed a new member to our board of directors this year. Glenda Hughes is a lifelong cat lady, and known to many of our supporters as the mom of **Mitty**, the Mayor of 2nd Ave. (RIP). We met Glenda many years ago in the course of our rescue work and her participation was crucial in several of our most important projects. Her current family includes two orange not-so-juvenile delinquents, **Juju** and **Teddy**.

Our board had a vacant position due to the retirement of **Debbie Norr**, who was an ARCF volunteer for several years

before becoming a board member in 2015. Debbie was always ready to assist with any cat rescue mission, and her help stuffing and sealing 1600 copies of this newsletter will be missed. Debbie’s health has been a challenge in recent years, and she needs to step back from most activities. But she’ll always be in our corner, cheering from the sidelines.

We’ve been doing our spring cleaning here at ARCF World HQ, and we could use your help. If you’re receiving this quarterly newsletter in the mail, we hope you enjoy reading it, and perhaps even sharing your copy with friends and co-workers. But if you’re trying to reduce paper clutter, we’d be glad to send it by email

instead. Our permanent mailing list includes all our adopters, volunteers, and vets. We also include adopters and volunteers from My Way Home Dog Rescue. Donors are also added to the list, but if we don’t hear from you again in three years, we’ll stop mailing. And, although we never sell or share our mailing list with anyone, we will

remove you from our list completely at your request. Let us know at 503-402-8692 or arcf@pdx-petadoption.org.

We also remind all pet parents that this is a great time to catch up with their health care. Schedule a vet visit if it’s been over a year since their last exam, get vaccines updated, and include diagnostic bloodwork for

senior pets. Preventive care is much

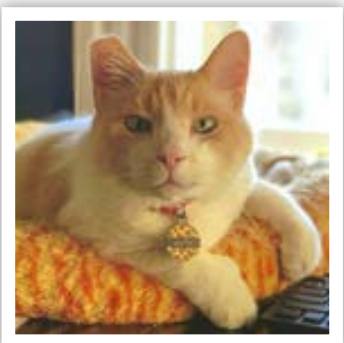
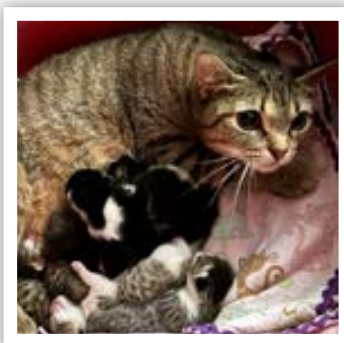
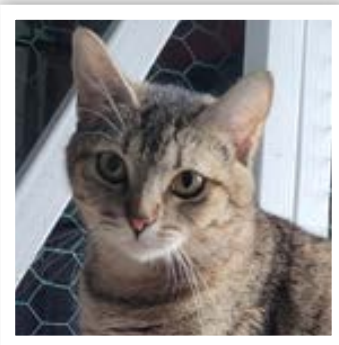
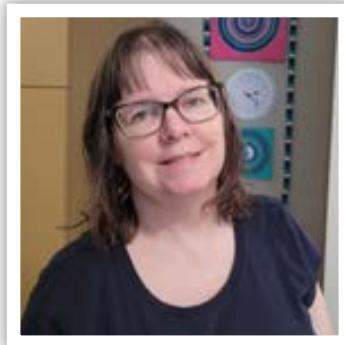
easier and more cost-effective than perpetual treatment for chronic conditions. Also, have the vet scan your pet’s microchip to make sure it’s still in place, and confirm your current contact information at the microchip company. If you can’t be reached when your pet is lost, the microchip is worthless, and it’s very common that chips are never properly registered.

As always, thank you for reading our newsletter, and we ask you to adopt, volunteer, and donate if you can.

Be careful, be well, and please be kind to all creatures.

Happy Spring!

—Carma Crimins, President



FROM TOP: DEBBIE NORR;
JUJU; AMELIA; ARIELLE + 8; MITTY

Since ARCF does not currently have a dog adoption program, we are working with other local dog rescue groups who share our goals and philosophies of animal welfare and rescue.

MY WAY HOME DOG RESCUE

FOR MORE INFORMATION:

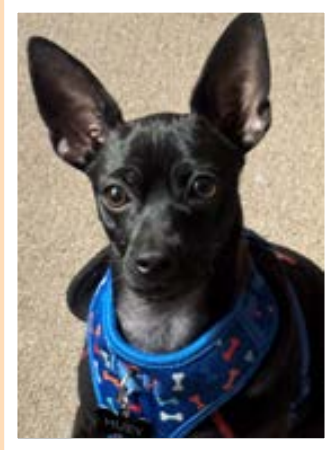
mywayhomedogrescue.org

503-974-4944

Huey

When adorable little Huey was found wandering in a rural area, his prospects weren't great. There are many young, healthy pups like Huey, abandoned in areas where shelters are overflowing and responsible adopters are scarce. Huey was lucky enough to meet volunteers who networked with Cheryl at My Way Home Dog Rescue to save his life.

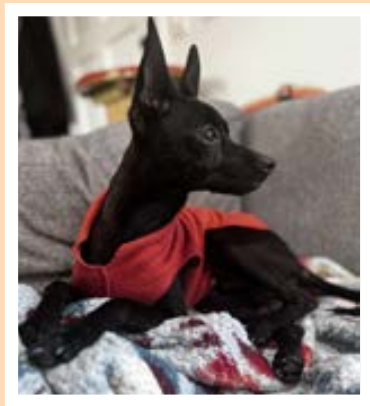
In his Portland foster home, Huey had a blast! He made himself right at home, charming the resident dogs, cats, and kittens, in addition to the people.



DOES THIS HARNESS MAKE MY EARS LOOK BIG?

Cheryl contacted us right away. We connected immediately and felt very comfortable with the screening process. We appreciate the care that goes into making the right match for each dog."

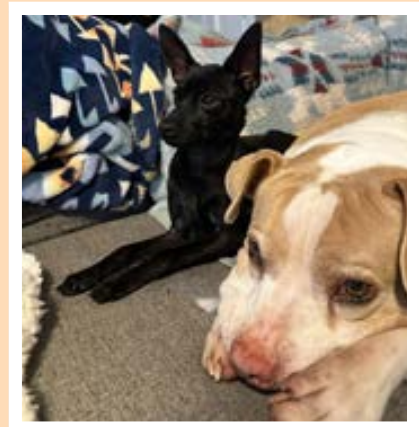
Steve, Lynn, and Felix came to meet Huey, and the pups hit it off immediately, chasing each other around the yard at their foster home. Huey quickly won over the whole family, and they were soon on their way home.



HOLIDAY OUTFIT

Meanwhile in Olympia, Washington, Steve and Lynn were searching online for small dogs available for adoption in the Pacific Northwest. They had become part-time caregivers for their grand-dog Felix, their son's Miniature Pinscher, when their son started working 12-hour shifts. Steve and Lynn found themselves growing quite fond of Felix and missed him when their babysitting shifts were over. They were ready for a full-time pup of their own and figured that Felix would enjoy having a buddy.

"We would only adopt from a rescue, and when we saw Huey, we completed the application and



WITH FOSTER BROTHER GUCCI

Steve had always been a cat guy, appreciating the independence and self-sufficiency of his feline companions. "I didn't have much patience with the dog people anthropomorphizing their pets, taking them everywhere, and calling them their 'children.' Then we fell completely in love with Felix, and now we are head over heels for Huey too. Yes, they are now our children and I'm as obnoxious as any of those folks I used to dismiss for being so crazy about their dogs."



LYNN WITH FELIX, STEVE WITH HUEY

ANIMAL PLACEMENTS

December-January-February: We rescued and cared for 20 cats and kittens, including veterinary exams, hospital care, vaccines, spay/neuter surgery, microchipping and more. We placed 12 cats and kittens in loving, responsible homes.

Major expenses for the quarter were:

Veterinary: \$5,669.72
Food/Supplies: \$3,198.87
Newsletter: \$2,923.81

AnimalTalk

ANIMAL TALK is a quarterly newsletter published by Animal Rescue & Care Fund.

Our Mission: To rescue, shelter, and care for homeless animals and place them in permanent, responsible homes; to promote and support spay/neuter for all companion animals.

EDITOR

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Animal Rescue & Care Fund is a private, non-profit, tax-exempt corporation funded solely by private donations. We are a 501(c)(3) organization so all donations are tax deductible. Our tax ID is 51-0137768. A board of directors makes decisions on policy and activities. All funds are used to support our programs, including publishing this quarterly newsletter.

Rusty

Sally and Paul Needham lost their adopted “nephew” Rusty, after several years of helping him through many of the maladies that affect so many senior cats. Rusty’s early life was difficult, and he was lucky to live in safety and tranquility with Sally and Paul for his golden years, although he always remained wary of strangers and other scary things. In addition to Sally and Paul, he leaves a calico feline housemate Chloe, who quite frankly will enjoy having the house to herself. Rusty was remembered with a memorial donation from his friend Roz Simon.



Heidi

Heidi arrived at ARCF in 2013 on a rescue transport with 12 other cats from Mississippi. Our friend Eric Phelps was the driver and he spotted Heidi at a fast-food joint on the way out of town. She was starving and ready to hitch a ride to seek her fortune out west. Heidi and her fellow refugee Maggie were soon adopted by a very kind woman. Seven years later, we learned that Gretta had passed away suddenly, and her beloved cats came back to us. Maggie adjusted pretty quickly, but sensitive Heidi needed a patient person with a quiet home.



Carolyn Martin appeared at just the right time, and her home was perfect for them. Heidi became known as Amy-Heidi in memory of Carolyn’s sister Amy. Life was good for a few years, until Amy-Heidi was diagnosed with T-cell lymphoma. She received every available treatment and was treasured for every minute until the end. Heidi was beautiful, sweet, and quirky, and will be deeply missed by Carolyn and by her foster mom Hillevi, who adored her.

Iris

Nena Baker and Patti Ihnat recently lost Iris, their ancient feline companion. Iris was a stray who choose exactly the right house to make her own. She introduced Nena to the world of feral cats, to the benefit of many cats and their caregivers in the years since. Iris lived a full life on her own terms.

“One night 20 years ago, a single eye glowed in our headlights as we pulled into the driveway. A few days later, a small one-eyed black cat ran from our porch when I opened the door. Not too long after, she joined us inside, remaining a house feral throughout her many years. So long, sweet little Iris. We’ll miss you. You were always a very good girl.”



Herbie

Our regular readers may remember Herbie the Love Bug as the cover model on our winter issue. He and his brother Hugo were adopted from ARCF six years ago as kittens. (Check out that baby photo!) Hugo was returned to us several years ago, followed later by Herbie, who came back to ARCF when circumstances changed again for their adopter. We never argue or refuse when our adopters ask to return cats, for any reason—we are committed to them for life.

We discovered that Hugo prefers to be the only cat in his world and can be picky about human company as well. We're happy to report that he is currently thriving with the perfect forever family who appreciate his unique qualities.

Herbie has none of those social anxieties. He's an agreeable guy who gets along with everybody and always looks on the bright side of life but he came back to us with a body score of nine on the veterinarian's nine-point scale—Herbie was very obese. With the dedicated help of his foster mom, who put him on a healthy diet and exercise program, Herbie not only lost weight, he also got more pep in his step and his coat grew plush and shiny.

Mary and David submitted an adoption application for two young adult cats but based on their situation, we thought Herbie might be a better match. He wasn't yet available for adoption, but after explaining his personal charm and unique history, including the need to continue his weight-loss program, we all agreed to meet. It went well!



BABY HERBIE

Herbie is just the best cat ever! He loves watching the birds and is very well-behaved. Our house is long enough there is a straight shot from the master bedroom, down the hallway, through the great room, past the kitchen, down another hall to the garage door. You would not believe how fast he runs from one end to the other. Really makes us laugh.

I can't thank you enough for connecting us with Herbie. I don't think you could have found a better cat and we are so grateful.

—Mary Brinson



HERBIE

Phoebe & Calliope (formerly Nala & Nutella)

Last summer, a fellow rescuer asked if we could help in a last-minute emergency. A realtor had found a momcat and her two newborns nestled in a bucket on a property scheduled to be listed for sale the next day. The property owner had left the state, and there are no cat services available in that county. At the height of kitten season, shelters were already overflowing with unwanted cats, but the cats had to be relocated immediately so we made room for this little family in need.

Momcat and both babies were very sweet and agreeable to being handled, so we know they had a human family at some point. Their foster home included two rambunctious dogs and a couple of senior cats, and everybody got along just fine. The kittens have extra toes on their paws, and love using them on every available toy they can find.

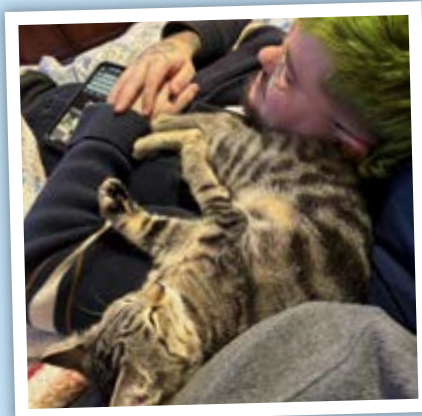
Christine and Damien were looking for a pair of cats to join their two-person, two-canine household so we arranged for them to meet these rowdy sisters. We recently received this report:



PHOEBE (LEFT) & CALLIOPE

Continued on page 6

SUCCESS STORIES



DAMIEN AND PHOEBE

The girls are adjusting beautifully into our household! They have completely changed our home for the better, from their surprisingly big, 6-toed feet scampering up and down trees to their tiny voices greeting us whenever we enter a room.

Our two big dogs approach them with awe, wonder, and a healthy amount of trepidation. Phoebe has even been known to start her day cuddling under blankets with her mom and canine brother Pabu. Calliope on the other hand is fond of waking her people up with licks to the head or hands whenever she decides it's breakfast time.

They are definitely adjusting great to life here and we're delighted every day by them!

—Christine and Damien
Pabu and Albert
Phoebe & Calliope

Freyja & Kali

(formerly Willow & Wanda)

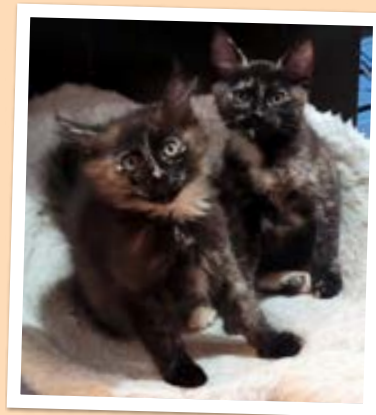
Although we say "kitten season" as if there is a beginning and an end, the "season" slows down a bit in the colder months, but it never really stops. In early December, a kind person found a nest of three kittens in her yard. The momcat wasn't friendly enough to bring inside, but she wanted the cats to be safe, so she asked for our help. We guided her through capturing them all and brought mom and babies to safety in our foster home. Once the kittens were weaned, momcat was spayed and returned to her kind caregiver, where she will have food and shelter for as long as she needs it.



FREYJA (LEFT) & KALI

We've loved watching them explore their new home and see things for the first time. They are brand new to this world, so it's been an honor to introduce them to the wonders of great things like window perches, laser pointers, and tasty treats. We feel incredibly lucky to have them and to say we've fallen in love feels like an understatement.

—Michayla Gilchrist



BABIES

A few weeks later, the kittens were also spayed and ready to meet their new family. Michayla was looking for a pair of playful, cuddly companions and we thought these girls might be exactly the kittens she was looking for.

Willow is now Freyja, named after the Nordic Goddess of love, magic, and war. Wanda is now Kali, named after the Hindu Goddess of rebirth, destruction, and death.

They fit their adoption description to a T which is perfect because that's what drew us to them. The only change in personality is they've both become cuddlier as we learn their preferred chin scratch technique, and more vocal as they've learned how to notify us what they want.



FREYJA

SUCCESS STORIES

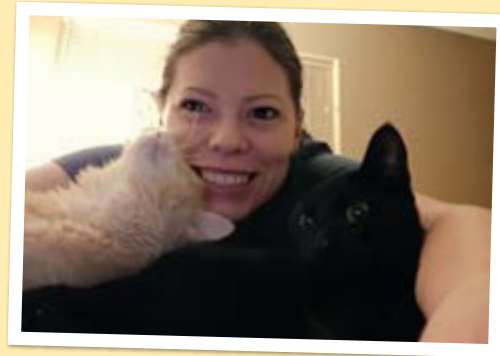
Tully & Tallulah

Last summer, we were called to rescue a family of adult cats and kittens who were about to be evicted from their home. We brought back all three kittens, which we always place in multiples because all kittens need a playmate their own size. Not many families are open to adopting three at a time, but we didn't want to split up the trio if it meant one kitten getting left behind.

Before that could happen, we heard from a young woman who had found a frightened kitten up a tree in her local park. The kitten had no microchip or ID, and no one in the neighborhood knew anything about her. The rescuer was not able to keep the kitten, so we agreed to take her and continue the process of trying to find her family.



TALLULAH (TOP) AND TULLY



MARCI, TULLY, & TALLULAH

When no owner stepped forward after several weeks, we had two happy pairs of kittens, so Tallulah became an honorary member of the "T" family and buddied up with Tully.

Marci and her kids had recently lost their beloved senior cat Pumpkin and were looking for a pair of kittens to fill the empty space in their house. We invited them to meet Tully and Tallulah. We recently received this update:

Our new kittens are doing excellent, they have adapted well into the household. They are super lovey and very playful. Tully is super snuggly and Tallulah is the typical "knock the items off the windowsill to watch them fall" kind of cat. She loves to hide and just come out when she's ready, but Tully is always looking out for her, it's so sweet! They are already treasured members of our family.

—Marci White Stumpf

HOW TO HELP

We receive no public funding, and depend entirely on the kindness and generosity of our supporters to keep our small but mighty rescue in business year after year. But don't worry if your budget doesn't allow you to write us a big check! Every little bit helps, and there are ways to help that don't cost you anything. Here are some suggestions:

ARCF is eligible to receive donations from the **Oregon BottleDrop** program for returnable cans and bottles. We can provide you with blue bags pre-tagged to our account, so you just fill them up and drop off at your nearest BottleDrop location. If you already have a green bag BottleDrop account, you can direct your refunds directly to ARCF. Many more drop locations for green and blue bags have been added, so it's much easier to make returns than when the program started. In fact, if you drop your bags at a retail location, the store covers the bag processing fees, which helps us even more. Last year this program provided almost \$500 to ARCF, so let us know if you want to participate and we'll help you get started.

For **Fred Meyer/Kroger/QFC** shoppers, choose ARCF to benefit from your purchases every time you shop.

You need a Shopper's Card and a digital account. Sign in to your account online, choose **Community Rewards** and link to ARCF using our organization code, **EQ279**. It costs you nothing, and every quarter ARCF receives a check based on your purchases. Last year we received about \$600 from Community Rewards, so it's definitely worth the effort to sign up.

Start a fundraiser on your **Facebook** page. From the menu on the left of your home screen, click **Fundraisers** and then select Animal Rescue & Care Fund from the list of charities. You can share the fundraiser with your friends and contacts, and you'd be amazed how many people will donate, if you ask them to.

And you can always mail us a check or donate online at our website, pdx-petadoption.org using PayPal or credit card. You can use the form on page 8 but we'll gladly accept your donation without it—we just need your address to send the acknowledgment and your receipt. All donations are tax-deductible.

Our federal tax ID is 51-0137768.

Thank you!

Avian Influenza (Bird Flu)

Even those who avoid the news have likely seen references to ever-escalating egg prices. A variety of factors contribute to egg price increases, but bird flu—a disease caused by avian influenza A viruses—is a major culprit.

What is Avian Influenza?

There are a variety of strains of avian influenza; highly pathogenic avian influenza (HPAI) are highly-contagious strains that wild birds can carry without presenting signs. But when HPAI spreads to domestic poultry like chickens, turkeys, and peafowl, it causes large-scale, deadly outbreaks. The loss of millions of chickens to euthanization and illness, in addition to increased biosecurity supply costs, contributes to a reduction in the supply of eggs and prices go up.

Transmission

HPAI can be transmitted to non-avian animals. The strain currently wreaking havoc is H5N1, to which domestic and wild cats like tigers, mountain lions, and lynx are particularly vulnerable. In December 2024, H5N1 was contracted by wild cats at a Washington State sanctuary, quickly killing 20 of the big cats after their exposure to HPAI-carrying wild birds.

In the Portland area where ARCF is headquartered, at least four pet cats have contracted H5N1, either from

eating contaminated raw or freeze-dried food or from exposure to infected wild birds. One cat survived after many days of intensive veterinary care, but outcomes are usually fatal.

Dogs can contract H5N1, although they are less susceptible to the virus than cats. There have also been cases reported in livestock in multiple states and a few in humans.

Signs of Potential H5N1 Infection

Be on the lookout for the following symptoms of infection.

- Fever
- Lethargy
- Low appetite
- Reddened or inflamed eyes
- Discharge from the eyes and nose
- Respiratory distress
- Neurologic signs, like tremors, seizures, incoordination, or blindness

Protecting Pets from H5N1

It's important to note that, when properly prepared and cooked, HPAI does not affect meat or egg products, and these food items remain safe for humans and cats to eat.

- Do not feed pets any products that have not been thoroughly cooked or pasteurized. This includes freeze-dried, meat-based food and treats, and unpasteurized milk. Some manufacturers have recalled certain lots after the virus was found in their products, but many other raw and freeze-dried products are still available.

- Wash your hands after touching raw meat, interacting with poultry or livestock, or coming into contact with animals outside your household.
- If you walk near bird feeders or other places birds (including poultry) gather, change your shoes or disinfect the soles before entering your house.
- Keep pets away from wild birds, poultry, and cattle (especially in areas with known H5N1 outbreaks).
- Prevent pets from eating birds or other wild animals.
- Immediately contact your veterinarian if you notice signs of H5N1 or think your pet might have been exposed to the virus.

Vaccination and Treatment

There is currently no vaccine to prevent infection from avian influenza.

Cats quickly become very ill when infected and survival rates are very low, even with intensive care. Until more research is done, prevention is the best way to keep our pets safe.

Sources:

Centers for Disease Control www.cdc.gov
Cornell College of Veterinary Medicine www.vet.cornell.edu
Oregon Veterinary Medical Association www.oregonvma.org

YES! I want to help

Animal Rescue & Care Fund depends entirely on your donations. Our work includes rescue, medical aid, food and shelter, humane education, neutering/spaying, and more. Your contribution goes directly to help the animals. All contributions are tax-deductible.

Make a secure online donation using a credit card, debit card, or PayPal account. Save time and postage! Visit our website for more details: www.pdx-petadoption.org.

I enclose _____ for humane work. (\$35 sponsors an animal, but we appreciate any amount.)

I'm interested in being a volunteer. Please contact me at _____ .

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